



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA CAMP WINONA
898 Camp Winona Road
DeLeon Springs, FL 32130
386.985.4544

Dear Paintball Participant/Parent,

The following is a weekly schedule (summer resident camp only), a list of additional items you/your child should bring, and some expectations and responsibilities for you/your camper. Summer Camp parents, these items are in addition to the ones listed for packing.

ACTIVITY SCHEDULE DURING SUMMER RESIDENT CAMP:

Day 1: Safety orientation, fitting of equipment, rules, explanation of games, paintball scrimmage with remaining time.

Days 2 – 4: Various games. Some will be fast paced and others will be more strategic with a goal or mission to accomplish.

ADDITIONAL ITEMS TO BRING:

Full Mask (optional) – We do provide a full mask. If your camper has their own mask they may bring it. However, it will need to be in good condition with no cracks or breaks, be a full-face mask and have your camper's name on it.

Long Sleeves / Long Pants: (mandatory) – We recommend at least 2 pair of each. Capri pants or other pants that don't cover the ankle are not acceptable and your child will not be allowed to play. Wind Pants (nylon pants without a lining) are also unacceptable.

Closed-toed Shoes with Shoelaces (mandatory) – Slip on shoes may come off and are therefore not acceptable.

SOME OTHER NOTES:

Staining – Although our paint is water based some staining may occur especially on light colored clothes.

Bruising – Because of the nature of paintball your camper will very likely have a bruise or two from a paintball hit. We have rules to help minimize this and for the safety of all our campers we have a zero tolerance policy on shooting others at close range.

Masks – For the safety of your camper, masks must be worn at all times while on the fields. No exceptions or warnings will be given. We will explain this policy during orientation and a referee will remind campers before each round. Campers who remove their mask while in the field of play without being under the direction and direct supervision of a referee will be removed from paintball and put in another activity.

Paintball Guns – All participants must use a paintball gun provided by YMCA Camp Winona and inspected before each activity block by paintball staff before its use in the camp program. Please do not bring a gun from home.

Paintball is a safe, fun activity when all safety rules are followed. If a participant/camper is unable or unwilling to listen to the program staff and follow the safety rules he/she will not be able to participate in the paintball program. No refunds will be given if a participant/camper is removed from the program.



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PAINTBALL INFORMATION AND RELEASE OF LIABILITY FORM

DISCLOSURE

The YMCA Camp Winona Paintball Program involves a variety of activities that often include games, group initiative problems and other potentially strenuous activities. The level of participation in the paintball activity is at all times up to the individual's choice. Yet there is a risk which must be assumed by each participant that he or she may suffer emotional or physical injury.

Certain medical information must be made known to the facilitators conducting the activities, so that they are prepared to respond appropriately if the need arises. This information will be held in confidence. Please complete the form and return it to YMCA Camp Winona prior to participating.

PARTICIPANT INFORMATION

NAME _____ AGE _____ GENDER _____

ADDRESS _____ APT. _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ (PARENTS) CELL/BUSINESS PHONE _____

Does the participant have health care/accident insurance? Y / N
IF yes, name of company/policy & group number _____

Does the participant have any limiting physical or medical problems or disabilities? Y / N
Please explain: _____

Is the participant currently taking medication (prescribed or other)? Y / N
IF yes, please indicate what the participant is taking and what condition it is for: _____

Does the participant have any allergies, reactions to medication or any other medical limitations? Y / N
IF yes, please explain: _____

RELEASE OF LIABILITY

I understand that parts of the YMCA Camp Winona Paintball Program may be physically or emotionally demanding. I affirm that I am in good health and that I do not have any limiting physical conditions, disabilities or handicaps that might endanger me or other participants. I recognize the inherent risk of injury or disability in YMCA Camp Winona Paintball activities. I understand that each participant must assume the risk of physical or emotional injury that could result from any of these activities. I hereby release YMCA Camp Winona, Volusia Flagler Family YMCA, its agents, employees and instructors from any liability what-so-ever from any injury or disability to me resulting from my participation in the YMCA Camp Winona Paintball Program.

I CERTIFY THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE PARTICIPANT INFORMATION AND RELEASE OF LIABILITY FORM.

PARTICIPANT'S SIGNATURE

_____/_____/_____
DATE

I AM THE PARENT OR GUARDIAN OF _____ . I HAVE READ AND UNDERSTAND ALL OF THE ABOVE PARTICIPANT INFORMATION AND RELEASE OF LIABILITY FORM AND CONSENT TO HIS OR HER PARTICIPATION IN THE YMCA CAMP WINONA PAINTBALL PROGRAM.

PARENT'S OR GUARDIAN'S SIGNATURE
(IF PARTICIPANT IS LEGALLY A MINOR)

_____/_____/_____
DATE